4. Discussion

Several studies [1,-2,-8,-9] on-have discussed the outcomes of THA using the Anatomic stem (Zimmer, Indiana, USA) in Caucasian patients, reported that twith lowhe rates of stem revision due to loosening were reportedlow (from 0 to 2.6,%). There werOnlye two reports describe on the outcomes of this surgery in Japanese patients. Harada et al. [10] reported that five cups and no stems had been revised in out of 81 hips with a mean follow-up of 8.4 years. Nakoshi et al. [11] also-reported that four cups and no stems had been revised in 20 hips with a mean follow-up of 12.8 years. In our study, no stems required had been revisioned and one stem showed loosening in out of 137 hips with a mean follow-up of 9.7 years. These results suggest that the biological fixation of this stem is good for 8 to 12 years after surgery not only in Japanese as well as Caucasian but also in Japanese patients.

There was oOnly one previous study hasthat evaluated the metaphyseal fit or press-fit of the Anatomic stem. Ragab et al. [1] evaluated the press-fit of thise stem in 97 hips using the methods of Callaghan et al. [12] $_{\bar{x}}$ and reported that the press-fit wasit to be excellent in 58 hips, good in 38 hips, $_{\bar{x}}$ and poor in one hip. These results suggest that the press-fit of this stem is good-appropriate for the hips with primary osteoarthritis in Caucasian patients. However, direct comparisons to with our results are was not possible toper, because we had did not used the evaluation methods of Callaghan et al. [12] for a number of reasons. In their methods, the press-fit was defined as excellent if the AP radiograph showed the stem to be in contact with the cortical bone at some point on both the medial and the lateral surface. The Anatomic stem has no lateral flare to contact with the endosteum of the lateral metaphyseal cortex around the innominate tubercle. Therefore, the assessments of the lateral side contact seem to have nowould be meaningless for in this stem. Additionally, we thought considered that stricter assessments should be employed were needed for the contact on the medial side. These are the reasons why we had not used the methods of Callaghan et al. There were nNo other reports on the press-fit or metaphyseal fit of the Anatomic stem are currently available.

We discuss the reason for the fact that tOur analysis revealed that the rate-occurrence of good metaphyseal fit was not highlow. The data of the design of the Anatomic stem was designed using data obtained from normal femora of cadavers. Kaneuji et al. [13] studied the three-dimensional morphology of the femur on-in 113 hips with osteoarthritis and 36 normal hips in Japanese individuals. In tTheir study, classified the femoral canal-was classified into three types, and the standard type accounted for 89% of the normal hips and-but only 42% of the hips with osteoarthritis. In our study, 117 hips out of 137 hips had beenwere diagnosed as having osteoarthritis. The difference of in femoral configuration between normal hip and osteoarthritics hips cwould be one of the reasons for the high incidence of poor metaphyseal fit. The use of an undersized stem like (Figure Figure 4.4) can also causeresult ins poor metaphyseal fit. However, no other stems wereas undersized like this case andor showed loosening. Therefore, we think conclude that the usage of undersized stems was not the main reason of for poor metaphyseal fit.

Commented [A1]: Please note that as per journal guidelines, the Discussion needs to be restructured according to this over all structure, although the use of subheadings is not mandatory:

- Statement of principal findings
- Strengths and weaknesses of the study
- Strengths and weaknesses in relation to other studies, discussing important differences in results
- Meaning of the study: possible explanations and implications for clinicians and policymakers
- Unanswered questions and future research

Please provide the missing information and restructure the Discussion.

Commented [A2]: Please also present the results in "%" to allow easier comparison with results of other studies in the literature, which could be similarly converted into percentages.

The present study had several <u>IL</u>imitations of this study should be discussed. <u>First</u>, t—The metaphyseal fit was evaluated <u>fromon</u> AP radiographs. Three-dimensional analysis using CT scan would be more precise and is supposed to show lower rates of good <u>fit</u>. Second, becauseinee the mean follow-up of our study was 9.7 years, <u>we cannot denythere may be possible</u> effects of metaphyseal fit <u>on that become apparent outcomes</u> after longer <u>followuptime periods that were not observed</u>. These points <u>need require</u> further study.

5. Conclusions

The Good metaphyseal fit was good only observed in about 60% % of cases, but the 10-year survival rate of the stem was 99% %. The biological fixation of the Anatomic Fiber Metal plus stem was stable at a mean follow-up of 9.7 years independently from of metaphyseal fit This stem, therefore, represents a long-term option for THAtotal hip arthroplasty.

Source: *Fixation of an Anatomically Designed Cementless Stem in Total Hip Arthroplasty* by Shigeru Nakamura, Noriyuki Arai, Takateru Kobayashi, and Takashi Matsushita, used under <u>CC-BY</u>

Commented [A3]: Please consider clarifying that the study was conducted in a Japanese population.

Commented [A4]: Please include the following: Summary boxes

Please produce a box offering a thumbnail sketch of what your article adds to the literature. The box should be divided into two short sections, each with 1-3 short sentences.

Section 1: What is already known on this topic In two or three single sentence bullet points, please summarize the state of scientific knowledge on this topic before you did your study, and why this study needed to be done. Be clear and specific, not vague.

Section 2: What this study adds

In one or two single sentence bullet points, give a simple answer to the question "What do we now know as a result of this study that we did not know before?"

Commented [A5]: Please be sure to include a reference list at the end of your manuscript, in Vancouver style.

Commented [A6]: Please include and acknowledgements section, transparency statement and statement of the role of the funding source, as per the requirements of the journal.

Commented [A7]: This sentence is my interpretation of the implications of your study – please check that you agree with this, and if not please add a sentence on the implications of the study findings.